

Nothing in Life is Neutral



YOGA



REIKI



FOOD



GRATITUDE



MEDITATION



SOUND THERAPY



ALCOHOL FREE



ESSENTIAL OILS



TOXIC FREE



AFFIRMATIONS



TRIBE



REST

RAISE
YOUR
VIBE

 shineakron
 shine.akron

LEARN MORE: WWW.SHINEAKRON.COM/EDUCATION-SERVICES

 **SHINE**
be a lamp, a lifeboat, a ladder
www.SHINEohio.com